

THOMAS J WOJICK

Expert on Resilience and Relationship-Centered Leadership

Tom is a trainer, consultant, and coach with over 18 years experience as a senior executive in behavioral medicine and health care. After earning a master's degree in counseling education from the University of Connecticut, Tom served as a leader in several health care organizations, for example he was Director of the Mind Body Medical Institute and VP at Bon Secours Richmond Health System, and CEO of Charter Westbrook Behavioral Health System, Inc.

In 1998, in addition to his executive duties, Tom developed and implemented an Institute for Mind/Body Medicine with Harvard Medical School's Mind/Body Institute.

A certified emotional intelligence trainer and lead consultant for the Six Seconds Consulting Group, Tom will assist your team to excel through:

Enhancing Leadership

Increasing Energy and Resilience

Reducing Turnover

Improving the Workplace Climate

Selected Clients:

US Coast Guard

Media General

Froedtert and Community Health System

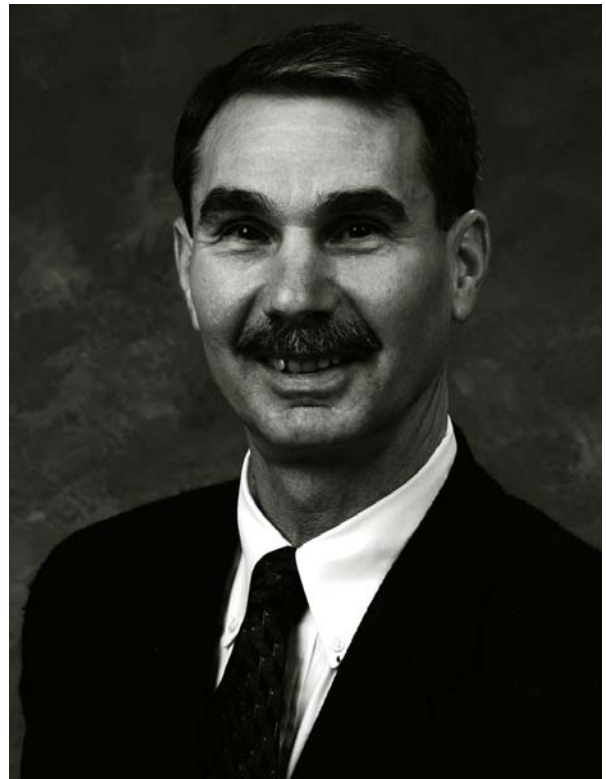
AstraZeneca Pharmaceutical

Schlumberger

Harvard Medical School

Disney

Texaco



“Tom Wojick is a knowledgeable, gifted facilitator who also teaches every day by the way he lives his life. He is fully present to each interaction and maintains that unique skill of affirming others while challenging thinking and behaviors to stimulate growth.”

– Nancy Wilde, MSN
Vice President, Patient Care Services,
Community Memorial Hospital

“Attending a Tom Wojick-led workshop is a gift, an opening of a door to another way of perceiving how one can live in the world. Tom is an exceptionally gifted teacher who inspires while informing.”

– Paul Hagenmueller
Associate Director, Alumni Affairs
University of Richmond, VA

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Tom inspires professionals in many fields to live with purpose and intention and expand their vision of possibility.

Tom developed *The Resiliency Paradigm* and *Relationship-Centered Leadership* to assist professionals, teams and organizations to enhance and strengthen their skills and capacities for peak professional and organizational performance. "My intent is to help leaders create optimal work climates that produce value for all stakeholders," Wojick explains. "Organizations in the new millennium are complex architectures requiring resiliency, emotional resonance and commitment in order to thrive."

Tom is the author of several articles, including *Resiliency: the Essential Component of Leadership* and *Retention VitalSigns: Focus on the Relationship*. He is a featured speaker presenting at major conferences: National Association of Elementary School Principals Annual Convention, NexusEQ Conference, Employee Assistance Professionals Association Conference, Council for Community Behavioral Health, Employee Assistance Roundtable and Harvard Medical School's Spirituality in Medicine Conference.

Tom's ability to understand and speak to the heart of professional and organizational issues is grounded in his many years serving as a senior level manager in healthcare systems. These experiences bring to life his workshop material. He talks the talk and he has walked the walk. His direct experiences add a deeper level of credibility and meaning to his message.

In addition to his training, coaching and consulting practice, Tom is an adjunct faculty member at the Robbins School of Business, Management Institute, at the University of Richmond where he teaches the course *Leadership the EQ Way*. The course consistently receives scores of 4.85 out of 5 and receives comments such as "I'm glad I added this course to my curriculum, it's been the best course I've taken!"

Keynote presentations include:

Relationship-Centered Leadership™:
Unlock World-Class Leadership with
Emotional Intelligence.

Unbeatable Energy: The Resiliency
Paradigm for 100% Personal Power.

Beyond Stress Management:
Creating a Resilient Workforce

"The course's practical games and exercises kept everyone's attention, provoked thoughts and generated ideas that supplemented the theory. Will keep this training session in my mind for many years."

-- Stuart Grossart,
Account Manager, Schlumberger



★ Contact

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