

EQ Leadership

Breakthrough Skills to Engage Superior Performance.

In an era of change and pressure, leaders are challenged to bring out the best in their people and to demonstrate outcomes. Emotional intelligence – the skills for tapping the power and wisdom of feelings – is a proven toolset that will help you:

- Engage employees to provide exceptional service.
- Motivate employees to work smarter and more efficiently.
- Strengthen relationships to increase loyalty.

“Emotional intelligence isn’t a luxury you can dispense with in tough times. It’s a basic tool that, deployed with finesse, is key to professional success.”

– Harvard Business Review, April 2003

This course gave me a chance to slow down and really pay attention to my own emotional patterns. This will help me as a leader, parent and friend.

– Lee Hays – Assistant Vice President, Americredit

While many leaders possess the technical skills to succeed, exceptional leaders have a secret ingredient that inspires teams to world-class performance – “EQ.” Backed by solid research, leading organizations are developing emotional intelligence (or “EQ”) to dramatically improve performance.

This powerful one-day program improves your awareness and abilities to manage the “human side” of superior performance. Using a proven and exciting learning design, leaders and managers walk away with:

- Assessment of EQ strengths.
- Understanding of the key competencies to increase performance.
- Techniques to increase emotional intelligence,
- Next steps to better manage your own and employee’s emotional energy and reactions.

Organizations and businesses from FedEx to the US Navy and Marine Corps are implementing and realizing the benefits of emotional intelligence (EQ) training. They each have different reasons and objectives and organizational issues that motivate their strategy to raise their EQ, however the end result is the same – improved performance and more effective and healthier leadership and organizations.

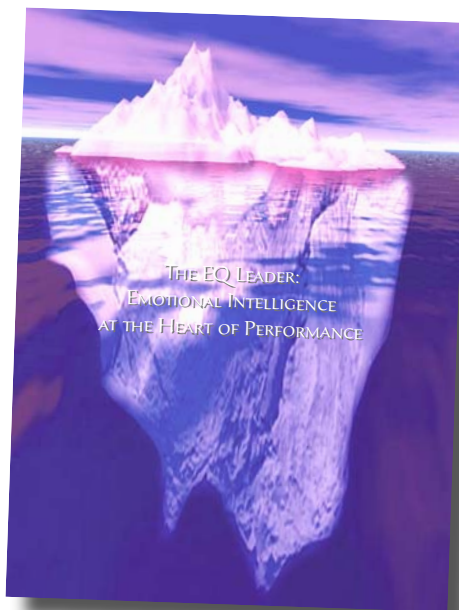
One area in which the benefits of EQ has proven to be the single most significant factor between average and superior performance is in leadership. Leaders who have a highly developed EQ create teams and organizational climates that produce superior results.

The course provides the information, tools, and skills to enhance and improve your EQ leadership.

1 The program begins with a highly effective online assessment called the SEI (Six Seconds Emotional Intelligence Assessment) Strengths Report. SEI is the only measure based on the Six Seconds model and had been validated around the world. It is confidential statistically sound psychometric tool. The detailed Leadership Report includes extensive development suggestions.

2 The engaging, hands-on training program introduces the background and business case for emotional intelligence, then introduces the core competencies linked to leadership responsibilities including providing feedback, managing performance, leading meetings, and dialoguing with clients. Participants walk away with new perspectives and an increased commitment to the human side of exceptional performance. They will reflect on their own strengths and relationships as a vehicle for improving performance.

3 Following the training, each participant will have a one-to-one telephone debrief of their assessment leading to an individual action plan to develop and apply their EQ competencies. Participants can also elect to continue with 1:1 coaching calls to help them apply the concepts in their daily work.



Outcome: Tools for improved leadership

Audience: Leaders and those expected to show leadership

Length: Assessment, 1-day training, plus coaching

Keynote, 1/2-day, 1-day, and 2-day components of the EQ Leader are available as well as in-house train-the-trainer certification. The assessment, training, and coaching components are each available individually.

“I have no idea of where to begin...the motivation I am leaving with to go out there and pass this information on and to change lives. What an inspiring course and facilitator!”

– *Renae Rokicki Organizational Learning and Development, SUNY Medical Center*

Six Seconds is a world leader in emotional intelligence development, with offices in six countries, practitioners in over 50, and over a dozen published programs, books, and assessment tools.

Six Seconds’ methodology comes from a curriculum called “Self-Science,” identified in Daniel Goleman’s 1995 best-selling book, *Emotional Intelligence*, as one of two models for teaching EQ. This approach is research-based, time-tested, and proven effective. In a recent course evaluation, **participants rated the program 9.35 out of 10** on, “The program helps you raise performance at work.”

Clients include American Express, Pfizer, Schlumberger, the US Navy, the US Marine Corps, Media General, Americredit Bank, Morgan Stanley, and FedEx.

“This course helps you engage the power within yourself.”

– *Mike Ng Siak Khoon, Finance Manager, Singapore International Enterprise Board*

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